

MATSQUI BLADES SPEEDSKATING ASSOCIATION

Welcome to another exciting year of training and competition with the Matsqui Blades!

www.matsquiblares.org

email: abbotsfordspeedskater@gmail.com

www.speed-skating.bc.ca

Skaters Schedule:

Two Sessions:

New skaters, Active Starts and FUNdamentals – Mondays and Fridays 4:30 pm to 5:30 pm

Three Sessions:

Learn to Train, Train to Train, Juniors and upward – Monday/Wednesday/Friday 5:45 pm to 6:45 pm

Safety Equipment: Required by all skater's on the ice

Eyes: sport goggles/safety glasses

Neck: bib type neck guard – Kevlar material

Hands: cut proof gloves aka leather gloves, ski gloves, hockey, and or Kevlar material. NO knit or fabric materials

Knees: Volley ball style knee protection/roller blade style

Shins: soccer shin guards (hard plastic style)

Ankle: Kevlar materials (sold by the club or online)

All skaters and associate members (parents/guardians) will be Registered with Speed Skating Canada. Please ensure your email is correct as the Executive will send out additional information as the season progresses.

Your 2016/2017 Executive:

President:	Chris Setchay
Vice President:	Clinton Connell
Treasurer:	Ruby Setchay
Registrar:	Sara Connell
Recording Secretary:	Pam Parker
Member Development:	Gary Klynsoon
Equipment:	Mel Chizawsky